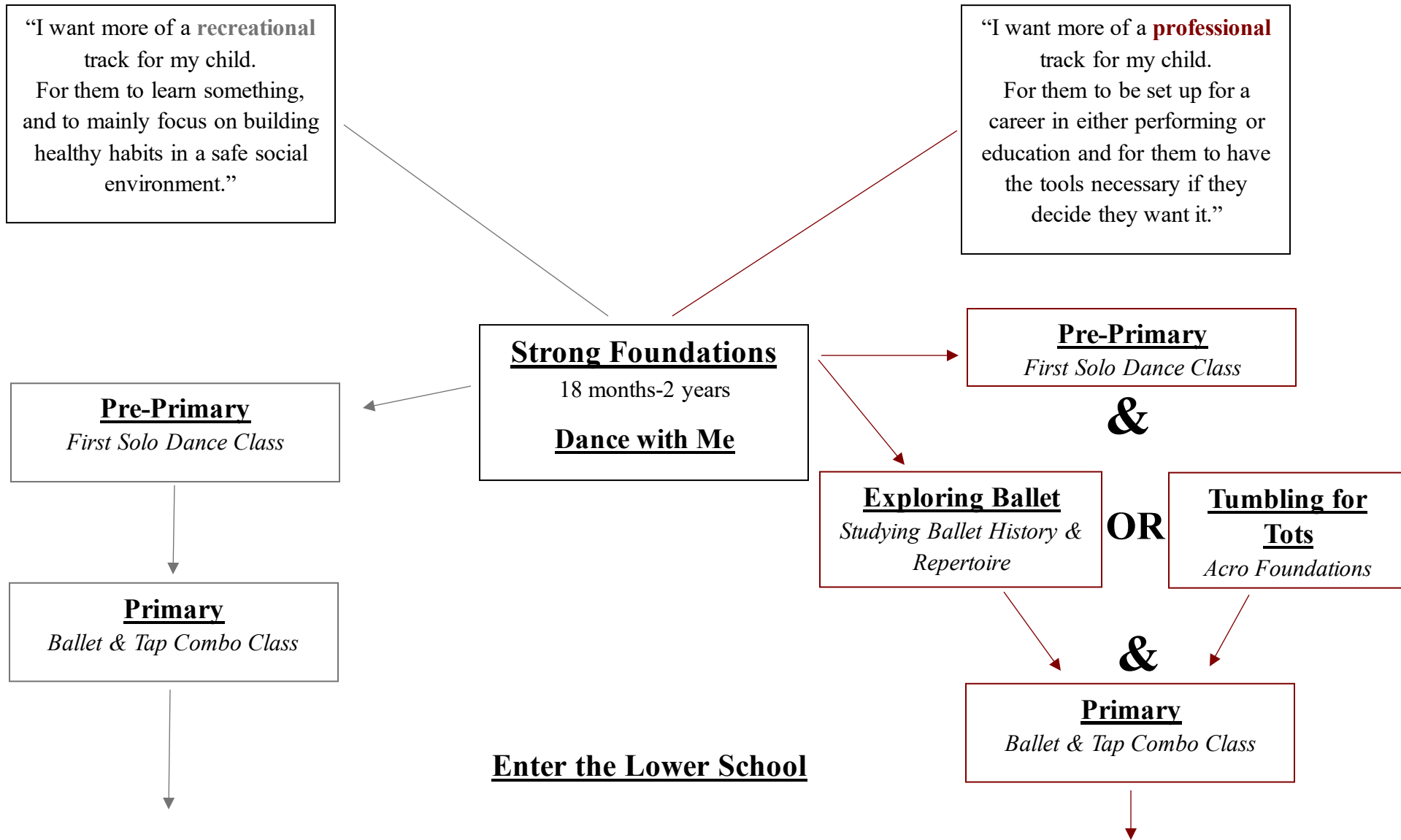


Dancer Journey

Where it Begins...



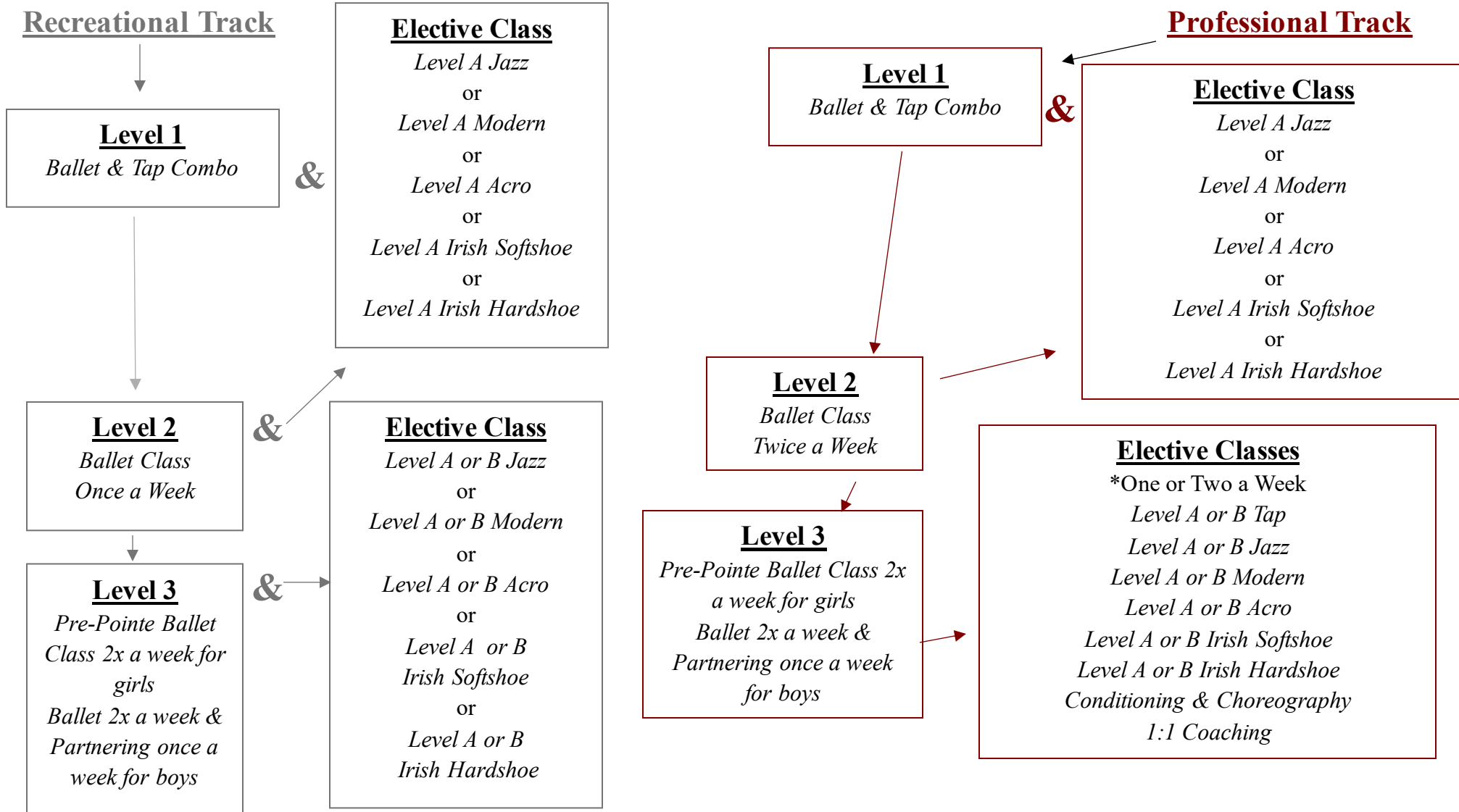


Virginia Academy of Dance

Dancer Journey

Lower School

7 years & older





Virginia Academy of Dance

Dancer Journey First Upper School

Recreational Track

Level 4

Ballet & Pointe Class 2x a Week for Girls
Ballet 2x a Week for Boys & Partnering once a week for Boys

Level 5

Ballet & Pointe Class 2x a Week for Girls
Ballet and Partnering 2x a Week for Boys

Elective Classes

**One or Two a Week*
Level B or C Tap
Level B or C Jazz
Level B or C Modern
Level B or C Acro
Level B or C Irish Softshoe
Level B or C Irish Hardshoe
Conditioning & Choreography

Elective Classes

**Two or Three a Week*
Level B or C Tap
Level B or C Jazz
Level B or C Modern
Level B or C Acro
Level B or C Irish Softshoe
Level B or C Irish Hardshoe
Conditioning & Choreography

Pre-Professional Track

Level 4

Ballet & Pointe Class 3x a Week for Girls
Ballet 3x a week & Partnering once a week for Boys

Elective Classes

**Two or Three a Week*
OR One a Week with Pre-Pro
Level B or C Tap
Level B or C Jazz
Level B or C Modern
Level B or C Acro
Level B or C Irish Softshoe
Level B or C Irish Hardshoe
Conditioning & Choreography

Level 5

Ballet & Pointe Class 3x a Week for Girls
Ballet and Partnering 3x a Week for Boys

Pre-Pro

Once a week supplement for Levels 4+

Coaching Program

Once a week supplement for Levels 4+ to prepare for auditions



Virginia Academy of Dance

Dancer Journey Secondary Upper School

Recreational Track

Level 6

*Ballet & Pointe 3x a week & Partnering
once a week for Girls
Ballet 3x a week & Partnering Twice a
week for Boys*

Level 7

*Ballet & Pointe 3x a week &
Partnering once a week for Girls
Ballet 3x a week & Partnering twice
a week for Boys*

Elective Classes

**Two or Three a Week*

*Level B or C Tap
Level B or C Jazz
Level B or C Modern
Level B or C Acro
Level B or C Irish Softshoe
Level B or C Irish Hardshoe
Conditioning & Choreography*

Pre-Professional Track

Level 6

*Ballet & Pointe 4x a week & Partnering
once a week for Girls
Ballet 4x a week & Partnering Twice a
week for Boys*

Elective Classes

**Two or Three a Week*

OR Two a Week with Pre-Pro

*Level B or C Tap
Level B or C Jazz
Level B or C Modern
Level B or C Acro
Level B or C Irish Softshoe
Level B or C Irish Hardshoe
Conditioning & Choreography*

Pre-Pro

*Once a week
supplement for
Levels 4+*

Coaching Program

*Once a week
supplement for Levels
4+ to prepare for
auditions*

Level 7

*Ballet & Pointe 4x a week &
Partnering Twice a week for Girls
Ballet 4x a week & Partnering twice
a week for Boys*